

WAVE Trauma Centres

5 Chichester Park South
 BELFAST, BT 15 5DW
 Tel: (028) 9077 9922
 Fax: (028) 9078 1165
 Email: admin@wavebelfast.co.uk

6 Malview Terrace
 ARMAGH, BT61 7QQ
 Tel: (028) 3751 1599
 Fax: (028) 3751 1599
 Email: admin@wavearmagh.co.uk

18 Holmview Avenue
 OMAGH, BT79 0AQ
 Tel: (028) 8225 2522
 Fax: (028) 8225 9979
 Email: admin@waveomagh.co.uk

13 Castlecroft, Main Street
 BALLYMONEY, BT53 6TD
 Tel: (028)2766 9900
 Fax: (028) 2766 9900
 Email: admin@waveballymoney.co.uk

23a Bishop Street
 DERRY/LONDONDERRY, BT48 6PR
 Tel: (028) 7126 6655
 Fax: (028) 7126 2643
 Email: admin@wavederry.co.uk

www.wavetraumacentre.org.uk



WAVE

Trauma Training

Trauma and Addiction Course



Community Relations Council




European Union
 European Regional
 Development Fund
 Investing in your future



A project supported by the European Union's PEACE III Programme managed for the Special EU Programmes Body by the Community Relations Council/Pobal Consortium.

Accredited Open College Network Courses



“There is a long history attesting to the use of medications and substances both prescribed and self administered to reduce distress in victims of Trauma” Davidson and Nemeroff

Who is the course targeted at:

The course is targeted at anyone who wishes to gain a greater understanding of the relationship between Trauma and Addiction. In this course we aim to explore through case studies the effects of trauma on the individual and how self-medication is often misused to ameliorate the symptoms of trauma

What is involved?

This course will run for 10 weeks with each session lasting 3 hours.

Requirements for course accreditation are:

Participants will be required to complete a ‘Semi Structured Journal’ which demonstrates knowledge gained in class and also a number of assignments based on case studies

Successful participants will be awarded a Level 3 accreditation with the Open College Network.

Each course will have no more than 14 participants.



Course Content

- Gain an understanding of the effects of trauma.
 - Understand the factors that lead to self medication.
 - Understand the relationship between trauma and addiction.
 - The impact of unresolved trauma and addiction on social and psychological development.
 - The effects of trauma and addiction on the family.
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