

WAVE Trauma Centres

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WAVE

Trauma Training

Volunteering Course



Community Relations Council



European Union
European Regional
Development Fund
Investing in your future



A project supported by the European Union's PEACE III Programme managed for the Special EU Programmes Body by the Community Relations Council/Pobal Consortium.

Accredited Open College Network Courses



“Wherever a man turns, he can find someone who needs him”. Albert Schweitzer.

Who is the course targeted at:

Anyone who wishes to volunteer with community and voluntary groups working with individuals who have experienced trauma. The course will offer participants an introduction to Volunteering Skills. It will help them understand the skills required for volunteering in the victim/survivor field in Northern Ireland.

What is involved?


This course will run for 8 weeks with each session lasting 3 hours.

Requirements for course accreditation are:

Participants will be required to complete a ‘Structured Journal’ identifying and describing what they have learned in each session.

Participants will be encouraged to learn through a range of activities including role-play, creative exercises and group work to support their learning.

Successful participants will be awarded a Level 2 accreditation with the Open College Network.



Each course will have no more than 14 participants.

Course Content

- Perceptions of volunteering.
 - Contribution of a volunteer.
 - Core skills needed for the role of a volunteer in the helping relationship.
 - Everyday skills that are transferable to voluntary work.
 - Issues around organisational policy and procedures for a volunteer in the helping relationship.
 - Confidentiality.
 - Boundaries, values and attitudes.
 - Communication and listening skills.
 - Appropriate record keeping.
 - Team work.
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