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WHO ARE WE?



**European Union**  
European Regional  
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Investing in your future

A Project Supported by the European Union's PEACE III Programme managed for the Special EU Programmes Body By the Community Relations Council/Pobal Consortium



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WAVE is a grassroots, cross-community voluntary organisation formed in 1991 to support people bereaved of a spouse as a result of violence in Northern Ireland. Over the years it has gradually expanded and now offers support to anyone bereaved, injured or traumatised by the 'Troubles'.

#### Our Mission

WAVE's mission is to change society by providing regional, cross-community services to people bereaved, traumatised or injured by the Northern Ireland 'Troubles'.

#### Aims & Ethos

Today the overall aim of WAVE is to offer care and support to anyone bereaved or traumatised through violence, irrespective of religious, cultural or political belief. WAVE promotes a respect for life and an understanding of difference that is seen as enhancing rather than threatening. It affirms and acknowledges that there are ways of resolving difference other than through the use of violence and continually seeks creative ways of working through issues that have the potential to divide.

WAVE will continue to address the legacy of the past and work toward a shared and cohesive future.

#### WAVE Operates From 5 Regional Centres:

Belfast, Armagh, Omagh, Ballymoney and Derry Londonderry in addition to satellite services across Northern Ireland.

We deliver a comprehensive support service to victims, survivors and families. All services are offered on a cross-community basis in keeping with the ethos of the organisation.

#### Core Values Underpinning the work of WAVE

**Empowerment:** Those bereaved, injured or traumatised by the 'Troubles'.

**Inclusivity:** Providing support to any individual or family regardless of their religious, political or cultural beliefs.

**Continuous Improvement:** Through the provision of high quality, evidence based services.

**Commitment:** Both in shaping and responding to changes within the victims and survivors sector.

**Accountability:** We are responsive to clients and accountable to funders.

**Shared Goals:** We work as a team at local and regional level and in partnership with other agencies to achieve shared goals.

**Equality:** We are committed to equality and good relations and these principles provide the foundation of our work.

**Non-Violence:** The organisation is committed to the principles of non-violence.

#### Services Provided

**Welfare Advice:** Confidential advice on a range of issues, including social security benefits, housing, compensation and tribunal representation.

**Advocacy & Casework:** Advice, research & support for families and individuals seeking information about their bereavement or injury.

**Outreach Support Caseworker :** WAVE's team of trained Caseworkers offer advice and support and a listening ear. Many individuals value this opportunity to speak confidentially to our Caseworkers on issues which are important to them. Group support meetings tailored to support the needs of those attending, helps reduce social isolation and exclusion by enabling social interaction across and within communities.

**Counselling & Psychotherapy:** One-to-one counselling service for those who need extra help coming to terms with trauma or the impact of a life changing event.

**Complementary Therapy:** To assist with physical and mental pain management. Treatments include Deep Tissue Massage, Reflexology, Aromatherapy and Indian head massage.

**Trauma Training:** Raising awareness of the needs of traumatised individuals and providing training opportunities for individuals and organisations.

**Youth Services:** Facilitating a range of personal and social development programmes. Includes counselling, befriending and group activities.