

Client Feedback (WAVE Counselling)

"I learned more about my personal experience of trauma and the meaning for me and my family. I know this has helped me to be a stronger person" (TA)

"The counselling at WAVE has been a massive help for me - thank you! My counsellor listened to me and has given me the tools to move forward with my life" (JG)

"My counsellor was very professional and helped me so much. Everyone should have a counsellor who helps so much. Thank you!" (RW)

"I wasn't sure about attending but am so glad I did. My counsellor was patient and very helpful for me" (TM)

"I couldn't ask for a better service" (SV)

"I feel I have benefitted greatly by attending therapy. I feel so much calmer and able to let go of the past" (JH)

"It was a very welcoming introduction to counselling and I found my counsellor easy to talk to. She was very understanding and a great help to me in putting things into perspective" (CT)

"Excellent service, so glad I got the help I needed. Thank you!" (KK)

"The service my child received has been highly professional and valuable. I have noticed real changes in his behaviour and his teachers have also commented on this" (DM)

"I liked the way the counselling was introduced to me by my outreach worker. It made me feel less anxious and then I received excellent and professional counselling. Thank you to everyone at WAVE" (TR)