



Autumn 2017

Courses accredited by Open Learning, School of Social Sciences, Education and Social Work, Queen's University, Belfast

Course	Venue	Dates	Time
Transition from Conflict	Queens University Belfast	Tuesdays 3 rd October 10 weeks	7pm to 9pm
Psychological Trauma: Impact and Effects	WAVE Trauma Centre Belfast	Tuesdays 3 rd October 4 Weeks	10am to 4pm
Self-Care and Resiliency: A Practitioners Guide	Queens University Belfast	Thursdays 5 th October 10 weeks	7pm to 9pm
Trauma & Addiction	WAVE Trauma Centre Belfast	Fridays 3 rd November 4 weeks	10am to 4pm
The Living Legacy of Trauma – Giving the Body Its Due	WAVE Trauma Centre Belfast	Mondays 6 th November 4 weeks	10am to 4pm
Theories of Traumatic Grief & Loss	WAVE Trauma Centre Omagh	Fridays 6 th October 4 weeks	10am to 4pm
Psychological Trauma: Impact and Effects	WAVE Trauma Centre Armagh	Thursdays 5 th October 4 weeks	10am to 4pm
Theories of Trauma Grief & Loss	WAVE Trauma Centre Derry Londonderry	Wednesdays 4 th October 4 weeks	10am to 4pm
Psychological Trauma: Impact and Effects	WAVE Trauma Centre Ballymoney	Thursdays 5 th October	10am to 4pm
BSc Hons Psychological Trauma	Queens University Belfast	4 year part time Various dates	

Registration through Queens University website available from mid-August.

For further information please email trauma.education@wavetrauma.org



Psychological Trauma: Impact and Effects

This course is designed for anyone wishing to gain a greater understanding of the long-term impact of psychological trauma on adults, children and young people. This course will explore issues such as PTSD, cumulative trauma, the central nervous system and the treatment of psychological trauma

Trauma & Addiction

The course is targeted at anyone who wishes to gain a greater understanding of the relationship between Trauma and Addiction. In this course we aim to explore through case studies the effects of trauma on the individual and how self-medication is often misused to ameliorate the systems of Trauma.

The Living Legacy of Trauma – Giving the Body Its Due

The Living Legacy of Trauma is designed for anyone working or caring for people who have experienced trauma. This course will give them a greater understanding of how to recognise trauma and the physiology and psychology of trauma. Students will explore 'Top Down@' and 'Bottom Up' processing and why both are necessary.

Theories of Trauma Grief & Loss

Theories of Traumatic Grief & loss is designed for those who wish to gain a greater understanding of grief & trauma. The course provides participants with a grounding in trauma theory and approaches for working with or supporting those who experience traumatic loss. The course will also explore theories of grief and support mechanisms for bereaved people.

Self- Care and Resiliency: A Practitioners Guide

This course is designed for anyone working with or caring for people who have experienced trauma. The course will give individuals a greater understanding of how trauma can be transmitted to the worker or carer.

Transition from Conflict

Transition from Conflict is designed to meet the needs of individuals wishing to gain a greater understanding of the processes involved in moving out of conflict and into peace. Participants will explore issues such as justice, truth recovery, reconciliation, and victim / offender complexities.

