



WAVE

The WAVE trauma education team consists of 3 in-house trainers with a varied background in research, psychology, trauma practice and community relations and reconciliation work. We have been commissioned to work with various services include health providers, public sector services and security services.

Psychological Trauma and The Family System

This one day workshop has been designed to explore the development and maintenance of psychological trauma within the Northern Ireland context of the 'Troubles'. This one day workshop will provide an overview of theories of trauma within the family, the influence of trauma on attachment styles and explore the evidence base for systemic work and Post Traumatic Stress Disorder (PTSD).

Who is this workshop suitable for?

This one day workshop would be of interest to those working directly with individuals who have experienced trauma including social workers, teachers, community workers etc.

The workshop does not in isolation equip an individual to offer trauma based therapy for individuals and/or families. However, it is useful Continuous Professional Development (CPD) for an individual's training portfolio.

Workshop aims

- Participants will be aware of the impact of trauma on the family
- Participants will develop an awareness of the impact of trauma on attachment styles
- Participants will obtain an overview of psychological theories that explain family resilience
- Participants will obtain an awareness of treatment approaches for family work and PTSD

Booking details

The training will be held in the WAVE Trauma Centre, 15 Abbey Street, Armagh BT61 7DX

Thursday 8th November 2018 10:00-16:00

Training fee: £50.00 – this includes light refreshments and a CPD certificate.

The booking process for this event is through Open Learning, Queens University, Belfast.

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